



# CREST News Bulletin

# 19

(May– August 2015)

**Centre for Research and Education for Social Transformation (CREST)**

An autonomous institution under Government of Kerala

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## About CREST



Centre for Research & Education for Social Transformation (CREST) is an autonomous institution under Government of Kerala. CREST has been conceived as a national institute of humanities, science and professional studies, addressing the needs of the Scheduled Castes, Scheduled Tribes and other marginalized communities of India while integrating with the informational society. The Centre was incubated by Indian Institute of Management Kozhikode. The governing council headed by the Minister for Welfare of Scheduled Castes and Scheduled Tribes and Other Backward Communities as Chairman monitors the activities of the Centre. Dignitaries like the Governor of Kerala, Chief Minister of Kerala and the Speaker of the Kerala Legislative Assembly are the patrons of this autonomous institution. The Governing Council has representation from institutions like Indian Institute of Management Kozhikode, National Institute of Advanced Studies, Bangalore, Kerala State Council for Science, Technology and Environment, Thiruvananthapuram and Sree Chitra Thirunal Institute for Medical Sciences & Technology, Thiruvananthapuram. CREST conducts a five months Post Graduate Certificate Course for Professional Development (PGCCPD) as its flagship program.

## Activities

### Valedictory function for the 23rd Batch of PGCCPD

Valedictory function for the 23rd Batch of the Post Graduate Certificate Course for Professional



Development was held on 3 May 2015 at Hotel Alakapuri Auditorium, Kozhikode. Dr. Nandakumar, Director METRO International Cardiac Centre, Calicut was the chief guest and Prof.

Debabrata Chatterjee , Professor, Indian Institute of Management, Kozhikode was the Guest of Honour . Presidential Address was given by Prof. D.D. Nampoothiri Executive Director, CREST. The students were felicitated by Dr. Anitha Ramesh , Faculty CREST and intern from Toronto University Mr.Samuel Ira Tait and Mr. Sreekkuttan B , alumni of CREST. Ms. Betsy Babu and Mr.Surag VS representing the students delivered the thanksgiving speeches. On successful completion of the course 38 students were awarded their course certificates.

### **Summer camp for 10th standard students of MRS Kuzhalmannam**

From 2nd to 28th May 2015, a 4 week summer camp was held for the 10th standard students of the Model Residential School , Kuzhalmannam , Palakkad. The camp was organized at three different locations viz., Priyadarshini Tea Enviorns , Mananthavady Wayanad, Government Youth Hostel Kozhikode and Craft Village, Iringal, Vatakara. The sessions were held in Science, Mathematics, History and English.

### **Admission to 24th Batch of PGCCPD**

Interview for the admission to the 24rd Batch of PGCCPD was held on 11, 12 &13 May 2015. 40 students were given admission to the programme which commenced from the 4 June 2015. Orientation workshop for Batch 24 was conducted by Anil Menon. Two day orientation program was held on June 6<sup>th</sup> & 7<sup>th</sup> at Prateeksha Training Centre, Sultan Bathery , Wayanad

### **Presentation on revamping of MRS Thrithala**

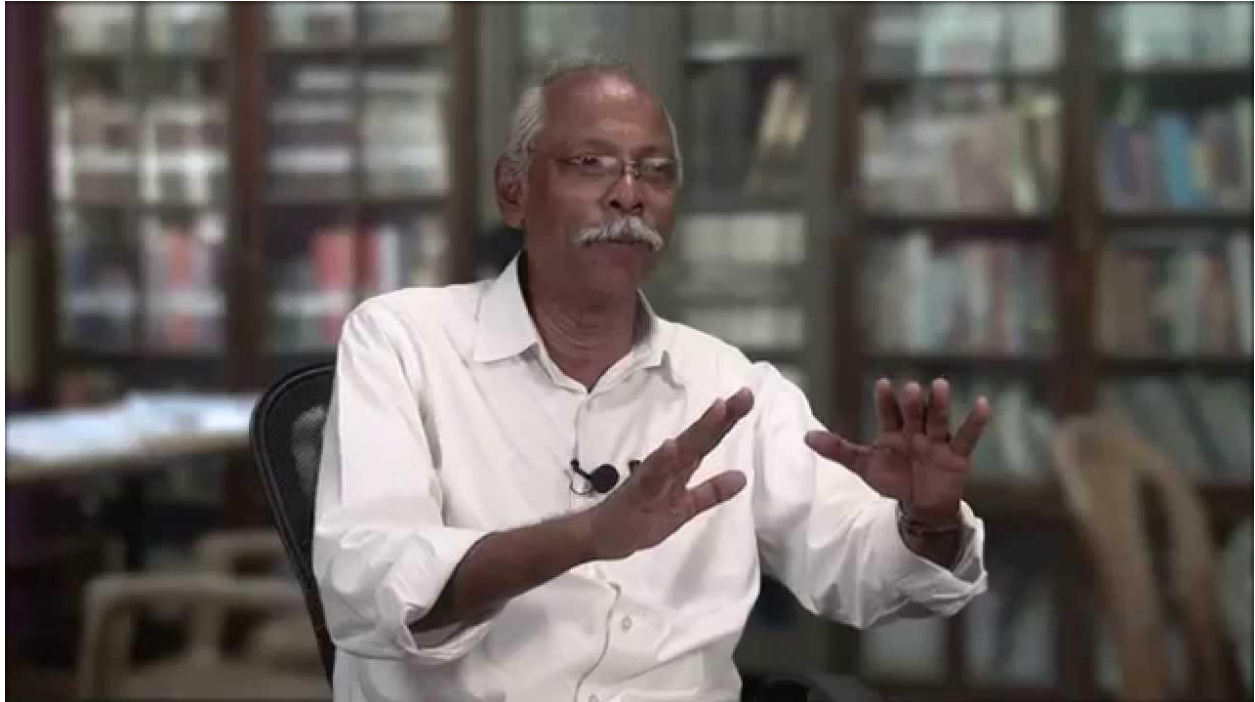
A presentation was held before the Honorable Minister for the welfare of Scheduled communities on 13 May 2015. Vinod Krishnan , Associate Program Coordinator presented a two phase development plan for the school. Phase one , will target an immediate 'face-lift' for the school starting from the coming academic year 2015-16 to ensure a better educational experience for the children who are undergoing their high schooling/higher secondary schooling there. The plan also suggested analogous structural changes that can be initiated at the earliest so as to remodel the MRS Thrithala to a nationally reputed institution under Government of Kerala. Present were the officials of Scheduled Castes Development Department and Sri. VT Balaram , Member of Legislative Assembly , Thrithala.

### **Self Enrichment Workshop at Model Residential School, Keezhmadu, Aluva**

From 21 May 2015 to 31 May 2015, a ten day self enrichment workshop was held for the students of Model Residential School Keezhmadu, Aluva . The focus of the workshop was personal development. A total of 129 sessions lasting for 75 minutes each session were held during the workshop . The sessions covered included career awareness, history , geography, leadership training , Theatre and Communication skills. Fifty five students from both the Tenth and Twelfth standard took part in the ten day residential camp held at Model Residential School , Keezhmad , Aluva. Separate sessions were held for 10th and 12th standard students

## Workshop on effective communication in Malayalam

Prof.MN Karassery , renowned Malayalam literary and cultural critic , conducted a workshop on communication skills for the students on 15 June 2015. The workshop covered themes on local dialect , Malayalam in formal setting , and writing in Malayalam . He also insisted on the



importance of communicating effectively in Malayalam . Knowing the language forms the foundation , but effective communication requires skills one needs to develop through reading , writing and interacting with people. However simple, lucid and direct prose has its charm, provided it is used in specific contexts., Prof.Karassery told the students.

## Workshop 'You the Miracle'

Balachandran Gopinath, Faculty, Ahmadabad Management Association and International trainer JCI, conducted a two day workshop , “you the Miracle” for the new batch of PGCCPD on 24 & 25 June 2015 . The lecture covered themes on preparing a career map, long-term professional goals and action steps for achieving them, work style and analyzing strengths and weaknesses and professional reputation development

## Stepping out in the Corporate World

A one day workshop, “Stepping Out in the Corporate World” was held at CREST on 03 July 2015, conducted by Mr. Ramesh Chandran formerly General Manager, AEGON Asset Management (AAM), based in The Hague in The Netherlands. This workshop focused on the aspect of professionalism, the traits of professionalism and the impact of showcasing a professional image. The students were also appraised about the workplace etiquette and the dos and don'ts of workplace behavior in corporate sector.

## **Theme Centered Interaction workshop for the teachers and parents of MRS Thrithala**

A five day workshop on Theme Centered Interaction (TCI) was held for parents, teachers and students of GMRS Thrithala from 1 June 2015 to 5 June 2015. Separate workshops were held for students, teachers and parents. The TCI held for teachers on 1- 3 June 2015 focused on behavior modification and attitudinal change of teachers towards the children and help them in mentoring process. The workshop was led by Dr. Thomas Abraham, International resource person for TCI and Dr. Raju D. Krishnapuram, National Trainer for TCI. "To learn is to Change" was the theme of the sessions which included Introspection, Interaction and Confidentiality. The participants addressed different issues they face in school and in their own families. The workshop addressed issues of effective parenting and effective mentoring. Students from 11th and 12th standard took part in the TCI exercises.

## **Academic Support Programme for students of MRS Ulliyeri**

A two day academic support workshop was held for the 10th standard students of Model Residential School Ulliyeri Kozhikode on 20 & 21 June 2015. The workshop was held at CIGI, Chevayur Kozhikode. Students were provided skills in English language particularly grammar. Sessions were held by Mr. Vinod Kayiltah, Ms. Swarnatha, faculty of CREST and Ms Alice and Ms Alison, interns from university of Toronto, Canada. Individual attention was given to students and the workshop helped them to read, comprehend English stories and describe it in their own sentences.

## **Theme Centered Interaction workshop for the teachers of MRS Kuzhalmannam and Ulliyeri (Kozhikode)**

As part of the programme, two day Theme Centered Interaction (TCI) for teachers of MRS Ulliyeri and Kuzhalmannam and academic support sessions for tenth standard students of MRS Ulliyeri was held on 27th and 28th June 2015 at Government Youth Hostel, Calicut. A total of 13 sessions, each session lasting for 75 minutes, for teachers and 12 sessions, each session lasting for 75 minutes for 10th standard students were conducted. Fourteen teachers participated in the TCI workshop.

The two day Theme Centered Interaction programme for teachers was handled by Dr. Hafiz Mohamed, Coordinator, MA Sociology Program Calicut university and one among three certified TCI trainers in Kerala. Mr. Vinod A.R, Communication skill expert conducted the ice breaking and class room communication session for the teachers. The TCI sessions were focused on capacity building of teachers and on techniques to provide effective mentoring and guidance for the students by understanding their socio-cultural background.

## **Academic Support Programme for 10th Standard students of MRS Ulliyeri**

Additional academic support sessions were conducted for 10th standard students of MRS Ulliyeri Kozhikode on 27th and 28th of June 2015. The workshop was held at Government Youth Hostel, Kozhikode. Logical reasoning problems and quantitative aptitude questions based on mathematics were handled in small groups. The sessions also dealt with group study techniques, effective time management, preparation of time table and tips to remember for easy revision.



## Need Assessment Study at MRS Peermedu (Idukki)

In connection with implementing the *Self-Enrichment Programme for high school and higher secondary school students of Model Residential Schools of SC Development Department, Kerala*, CREST Faculty Team visited the MRS Peermedu on 7 July 2015 and conducted a need assessment study.

## Theme Centered Interaction for 10th standard students of MRS

A two day Theme Centered Interaction for 10th standard students of MRS Alapuzha was held on 11th and 12th July at MRS Alapuzha. A total of 16 sessions lasting for 75 minutes each were held and a total of 33 students participated in the programme.

## Career Guidance Workshop for students of MRS Thrithala

On 18th July 2015, Mr. José Andrews took seven sessions on Leadership and career guidance for 10th standard students of MRS, Thrithala. Knowing the career aspirations of the students through multiple intelligence test was the basic objective of the session. The resource person started with leadership games and activities to boost up the self confidence level of the students and to enhance the career aspirations. Later on, the sessions moved towards different time bound activities to provide motivation, team spirit and academic encouragement to the students. The students were divided in groups and certain role plays were enacted in which reflected in their career aspirations.

## Special Session on Greek Economic Crisis

Sri.CP John , Member , Kerala State Planning Board visited CREST on 23 July 2015. He held an



interactive session with students of PGCCPD on Greek economic crisis, and its global implications

Speaking to students he said, the developing countries like India have many lessons to learn from the Greek crisis. Economic growth, transparent public finance, effective regulators and informed citizenry are vital for the transforming economies like India to avoid a possible crisis which Greece faces now, he said.

## Learning strategies workshop

On 25th and 26th July 2015, sessions on Theme Centered Interaction (TCI) for 10th standard students of MRS Aluva. The two day workshop aimed at social learning and personality development of the students. The sessions were focused on capacity building of students and to provide academic motivation to secure high marks in public exam. The TCI involved peer learning strategies, academic support group formations, individual counseling, group discussions and group performances, confidence building role plays and feedback sessions.

## Workshop on Interview Skills



A workshop on interview skills was conducted for the students of Post Graduate Certificate Course for Professional Development (PGCCPD) by Dr. Rajeevan Karal. Dr. Karal is an accomplished teacher trainer and content developer, with over forty years experience in teaching English at all levels. He has authored many books on different aspects of English, targeted at learners at school and university levels. He has wide experience in organizing training programme in Business Communication, Technical Writing, and Presentation Skills for managers and executives from the corporate sector.

## KR Narayanan Memorial Lecture

The annual national lecture organized in memory of late Sri.KR Narayanan, former President of



India was delivered by Prof.Madhavan K Palat , Editor, Selected Works of Jawaharlal Nehru , Jawaharlal Nehru Memorial Fund New Delhi. The Lecture entitled *India Nation of Nations* was held



at Hotel Alakapuri Auditorium, Kozhikode on August 31, 2015 Dr.K.V.Kunhikrishnan , Chairman, Executive Committee CREST welcomed and introduced Prof.Madhavan K Palat to the audience and Prof.D.D.Nampoothiri, Executive Director CREST gave the vote of thanks. Delivering the lecture Prof Palat said that India is a nation of nations , which is unique in the world and it is the most successful example of a nationalism integrating a host of other regional nationalisms. With increasing national integration, furthered by globalization, the future may well be a common culture divided only by language, as in Europe, but unlike Europe, with a single state.

Prof.Madhavan Palat is a historian whose area of specialization is Russian and European history .



After taking his education from St. Stephen's College, New Delhi , and Christ's College, Cambridge he pursued his research in modern Russian history at St. Antony's College, Oxford . Prof.Madhavan Palat joined the faculty of the Jawaharlal Nehru University, New Delhi in 1974 , where in 1989 he was appointed as Professor of Russian and European History at the Centre for Historical Studies. He held this position in JNU until 2004. He was also Dean, School of Social Sciences, Jawaharlal Nehru University as well as Visiting Professor at Chicago University.

## **Orientation Programme for First Year BTech Students of CUSAT**

An Orientation Programme for First Year BTech Students from Scheduled Communities of Cochin University of Science & Technology ( CUSAT) was conducted by Centre for Research & Education for Social Transformation (CREST) Calicut with the support of Equal Opportunity Cell (EOC), CUSAT from 23rd to 31 July 2015 . The programme was conducted with the objective to enhance the relevant competencies and overall learning skills of students. The Cochin University of Science & Technology First year engineering students from CUSAT Kalamasserry Campus and CUSAT Engineering College campus at Pulinkunnu, Alappuzha participated in the programme. A total 72 students attended the training. The course covered modules in (a) Communication Skills (b) the Self Enhancement for Professional Excellence and (c) Theatre (d) Engineering Graphics ( e) Engineering Mechanics (f) Mathematics . Special sessions dealing with awareness on rights of SC/ST students including scholarships, stipends, fee waivers and also on the extracurricular opportunities at the university were also included.



## **The Orientation Programme for First Year BTech Students held at Calicut**

An Orientation Programme for First Year BTech Students from Scheduled Communities of Kerala



was conducted by CREST from 17 to 29 July 2015 . The modules covered included Communication and Learning Skills , Engineering Graphics, Engineering Mechanics and Self-enrichment for Professional Excellence

The classes on Communication and Learning Skills were geared to give the students enough practice in using English as a library language. Adequate practice was given in spoken English so as to help them shed their inhibition in using the language. An awareness of the importance of good communication skills in English was created among the students. They were also given tips on how to develop their language skills on their own. The orientation course covered almost one third of the syllabus, with a strong foundation in both the Engineering subjects, instilling confidence in the participants and rendering the subjects less intimidating. The Self Enrichment for Professional Excellence module covered areas like Goal setting, Motivation, Time management, Creativity, Leadership, and Teamwork.

## **Self-Enrichment Programme for the MBBS Entry Students at AIIMS**

On invitation from the All Indian Institute of Medical Sciences , New Delhi, a ten days orientation programme entitled "Self-Enrichment Programme for the MBBS Entry Students" was held from August 3, 2015 to 11 August 2015. The program was held with the objective to enhance the self-confidence level of students, particularly hailing from Scheduled and backward communities . The ten days course covered modules in (a) Communication Skills (b) Self Enhancement for Professional Excellence and (c) Theatre.

## Mentoring workshop at AIIMS

CREST was invited to conduct a faculty mentoring workshop at All India Institute of Medical Sciences (AIIMS) New Delhi on August 12 & 13, 2015. The objective of the workshop was to enable faculty members to be teacher-mentors who would have a better understanding of the learning needs of the students, particularly from disadvantaged background undergoing MBBS Degree Course at AIIMS. The Workshop was inaugurated by Dr. Balram Airan, Professor & Dean (Academic) AIIMS. Sessions were held by Mr. Balachandran Gopinath, Educational trainer, JCI International, Dr. Ritu Priya, Professor, Centre for Social Medicine and Community Health, JNU, New Delhi, Dr. Renu Addlakha, Deputy Director & Professor, Centre for Women's Development Studies, Delhi, Dr. Amar Jasani, Researcher in Bioethics and Editor, Indian Journal of Medical Ethics, Mumbai, Prof. D.D. Nampoothiri, Executive Director, CREST, and Dr. Sunandan Roy Chowdhury, Visiting Professor, Turku University, Finland.

## Academic Support Program at MRS Thrithala & Alapuzha

A two day academic support program was held for the 9th, 10th and 11th standard students of MRS Thrithala and MRS Alapuzha on 15th & 16th of August 2015. Academic support sessions on Chemistry, physics, mathematics, biology and Theme centered interaction sessions were held for 9th and 10th Standard students of MRS Thrithala from 21 to 26th of August 2015. The program was held in at Pratheeksha Youth Center, Sultan Bathery, Wayanad and Priyadarshini Tea Environs, Mananthavady Wayanad.

## Need Assessment Study at Ayyankali Memorial Model Residential Sports Higher Secondary School

In connection with implementing the *Self-Enrichment Programme for high school and higher secondary school students of Model Residential Schools of SC Development Department, Kerala*, CREST Faculty Team visited the Ayyankali Memorial Model Residential Sports Higher Secondary School, Vellayani, Thiruvananthapuram on 11 August 2015 and conducted a need assessment study. The study revealed that the students find it difficult to cope up with the curriculum of Board Examinations, owing to the fact that significant time during their school day is spent on sports related activities. They hardly get time to devote for academic work related school syllabus prescribed for Board Examinations. With the existing syllabus/ curriculum, it is very unlikely that students would perform well in Board Examinations. Since the primary concern of the Residential school is excellence in sports, the regular school education becomes secondary for the students and the alumni achievement in terms of their tertiary education is not at a desired level.

## Interns



Ms. Eva Juliane Buchhave and Ms. Charlotte Marie Mignol, students of Master of Science in Global Development, Copenhagen University, Denmark, Alice Jane Morrison and Alison Elizabeth Read, University of Toronto, Canada interned with CREST during May - August 2015. Eva



Juliane Buchhave and Ms. Charlotte Marie Mignol will be attached to CREST until November 2015. During their internship at CREST they will be conducting workshops on a broad range of global issues for the students of the Post Graduate Certificate Course for Professional Development.

## Faculty Activities

**Vinod Krishnan TY**, Associate Program Coordinator did a presentation on Tribal Housing at a workshop held in Thrikkaipetta Wayanad on 29 May 2015. The workshop was jointly organized by Habitat Forum (INHAF) Ahmadabad and Uravu Indigenous Science & Technology Study Centre, Thrikkaipetta, Wayanad.

**Prof.DD. Nampoothiri**, Executive Director, gave a lecture 'Recent Theoretical orientations in Environmental Sociology' on June 29, 2015 at in Malayalam University, Tirur Kerala.

## CREST in Media

### ബഹുസ്വരതകളെ ഉൾക്കൊള്ളാതെ ഇന്ത്യൻ ദേശീയതയ്ക്ക് നിലനിൽപ്പില്ല -പ്രൊഫ. മായവൻ പാലാട്ട്

കോഴിക്കോട്: ബഹുസ്വരതകളെ അംഗീകരിക്കാതെ ഇന്ത്യൻ ദേശീയതയ്ക്ക് നിലനിൽപ്പില്ലെന്ന് പ്രൊഫ. മായവൻ പാലാട്ട് പറഞ്ഞു. കോഴിക്കോട്ട് കൂട്ടായ്മ സംഘടിപ്പിച്ച കെ.ആർ. നാരായണൻ സ്മാരക പ്രഭാഷണത്തിൽ 'ഇന്ത്യ രാഷ്ട്രങ്ങളുടെ രാജ്യം' എന്ന വിഷയത്തിൽ പ്രഭാഷണം നടത്തുകയായിരുന്നു അദ്ദേഹം.

ചെറുചെറു ദേശങ്ങളും ദേശീയതയും ചേർന്നതായിരുന്നു എന്നും ഇന്ത്യ ഒരു ദേശീയതയ്ക്ക് അനിവാര്യമായ പല ഘടകങ്ങളുള്ളതുണ്ട്. ശൂന്യമായ യോദ്ധാക്കൾ, ഏകാക്ഷ, പ്രാഥമിക സംസ്കാരം എന്നിവയെല്ലാം ഇവയിൽ പ്രധാന

പ്പെട്ടതാണ്. തമിഴ് ദേശീയത എന്നും ജാതിയെ കൂടും കൂട്ടിയിരുന്നു. ദ്രാവിഡ-ആര്യൻ, തമിഴ്-സംസ്കൃത, ബ്രാഹ്മണ-അബ്രാഹ്മണ മതങ്ങളിലൂടെ അതിർക്കൽ, എന്നാൽ സുബ്രഹ്മണ്യൻ്റെ വന്നപ്പോൾ അദ്ദേഹം മരണമടയും തമിഴ് ദേശീയത നിലനിൽക്കുകയും ഇന്ത്യൻ ദേശീയതയെ ഉൾക്കൊള്ളുകയും ചെയ്തു.

കത്തിയവനി, കപ്പ, വൃശഭാക്ഷിണൻ വേർതിരിഞ്ഞുകിടന്നിരുന്ന ഗുജറാത്തിനെ ഒരേയിൻ കിൻമോളെ ഫോബ്സ് എന്ന വിദേശീയൻ്റെ ഭൂപത്ത് രാഷ്ട്രം എന്ന് കവിതയായിട്ടുണ്ട്. ന്നു ഗുജറാത്തി ദേശീയതയിലേക്ക് എത്തിച്ചത്. രാജസ്ഥാനിൽ



കോഴിക്കോട്ട് കൂട്ടായ്മ സംഘടിപ്പിച്ച കെ.ആർ. നാരായണൻ സ്മാരക പ്രഭാഷണത്തിൽ പ്രൊഫ. മായവൻ പാലാട്ട് സംസാരിക്കുന്നു.

ചരിത്രം എഴുതിക്കൊണ്ട് ഒരേയിൻ ഫോബ്സ് രാജസ്ഥാനെ ക്ലാമിശാസ്ത്രപരമായും രാഷ്ട്രപരമായും ഒരു ദേശീയതയാക്കിയെടുത്തു. തങ്ങൾ അനുഭവിച്ച കാര്യങ്ങൾ

ക യൂറോപ്യൻ കാലവും ദേശീയതയുമാണ് ഇത്തരത്തിൽ ദേശീയതയെ സൃഷ്ടിക്കാൻ ഇവരെ സഹായിച്ചത്. പഞ്ചാബ് രൂപപ്പെടുത്തുന്ന മതപരമായാണ്.

സിഖ് ദേശീയതയ്ക്ക് മതപരമായ എല്ലാമുണ്ട്. ഗ്രന്ഥം, യോദ്ധാക്കൾ, ഭാഷ എല്ലാം. അതാണ് ദേശങ്ങളിൽ സ്വകാര്യ നായകന്മാരായ നിരവധിപേർ രാജ്യത്തെ മുന്നോട്ടു നായകന്മാരായി ഇന്ത്യൻ ദേശീയസമാജത്തിന്റെ ഉദയത്തോടെയാണ്. അത് ദേശീയതയ്ക്ക് ആവശ്യമാണ്. എന്നാൽ ഹിന്ദുത്വം ചെയ്യുന്നത് തങ്ങൾക്ക് സ്വീകാര്യമല്ലാത്ത എല്ലാറ്റിനെയും ദേശീയതയുടെ പേരിൽ പുറം തള്ളുകയാണ് - അദ്ദേഹം പറഞ്ഞു.

കൂട്ടായ്മ എക്സിക്യൂട്ടീവ് കമ്മിറ്റി ചെയർമാൻ ഡോ.കെ.വി. കുഞ്ഞികൃഷ്ണൻ, എക്സിക്യൂട്ടീവ് ഡയറക്ടർ പ്രൊഫ. ഡി.ഡി. നമ്പൂതിരി എന്നിവർ സംബന്ധിച്ചു.

Print as well as the visual media have given coverage to various programmes of CREST held during May - August 2015. *Mathrubhumi* Daily, *Malayala Manorama* Daily, *Mathrubhumi* TV and *Deshabimani* Daily covered the various activities

conducted by CREST during these months.

## Forthcoming Events

### **Workshop on Creative Teaching in Science & Mathematics**

A workshop on Creative Teaching for teachers of Model Residential Schools of Thrithala and Kuzhalmannam ( Palakkad) and Ulliyeri (Kozhikode) will be held on 26th of September 2015 at Government Youth Hostel Kozhikode. The workshop which will be conducted by experts from Homi Bhabha Centre for Science Education (HBCSE) , a national centre of the Tata Institute of Fundamental Research (TIFR), Mumbai will cover issues related to creative teaching especially in Mathematics and Science .

### **Self Enrichment Workshop for first year MBBS students of DRPGMC. Kangra**

Self Enrichment Workshop for first year MBBS students of Dr.Rajendra Prasad Government Medical College , Kangra Himachal Pradesh will be held from 20th to 27th of September 2015 .

### **Theatre Workshop for PGCCPD Students**

A Theatre Workshop for the PGCCPD Students will be held during the last week of October 2015 at CREST. The Workshop will be conducted by MK Shankar , a renowned theatre enthusiast and co-founder of Osage , an arts and culture initiative based in Bangalore.

### **Admission to 25th Batch of PGCCPD**

Interview for the admission to the 25th Batch of PGCCPD will be held on 28, 29 & 30 October 2015. Classes will commence from the second week of November 2015.