



CREST News Bulletin

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Centre for Research and Education for Social Transformation (CREST)

An autonomous institution under Government of Kerala

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About CREST



Centre for Research & Education for Social Transformation (CREST) is an autonomous institution under Government of Kerala. CREST has been conceived as a national institute of humanities, science and professional studies, addressing the needs of the Scheduled Castes, Scheduled Tribes and other marginalized communities of India while integrating with the informational society. The Centre was incubated by Indian Institute of Management Kozhikode. The governing council headed by the Minister for Welfare of Scheduled Castes and Scheduled Tribes and Other Backward Communities as Chairman monitors the activities of the Centre. Dignitaries like the Governor of Kerala, Chief Minister of Kerala and the Speaker of the Kerala Legislative Assembly are the patrons of this autonomous institution. The Governing Council has representation from institutions like Indian Institute of Management Kozhikode, National Institute of Advanced Studies, Bangalore, Kerala State Council for Science, Technology and Environment, Thiruvananthapuram and Sree Chitra Thirunal Institute for Medical Sciences & Technology, Thiruvananthapuram. CREST conducts a five months Post Graduate Certificate Course for Professional Development (PGCCPD) as its flagship program.

Activities

Self Enrichment Workshop for first year MBBS students of Dr. Rajendra Prasad Government Medical College, Tanda, Himachal Pradesh

On invitation from the newly inaugurated Dr. Rajendra Prasad Government Medical College, (DRPGMC) Tanda, Himachal Pradesh, a Self Enrichment Workshop for first year MBBS students was held from 5th to 12th of September 2018.



The objective of the workshop was to enhance the self-confidence level of students before the regular classes for the first year MBBS degree course begin at Dr. Radhakrishnan Govt. Medical College and to provide mentoring support to students from marginalized

sections and rural backgrounds so as to equip them to take up the academic challenges effectively. The programme started with a brief introductory session which was inaugurated by Dr. Bhanu

Awasthi, Principal, Dr. Rajendra Prasad Government Medical College on 5th of September 2018. Dr.Munish Saroch, Faculty, DRPGMC and Vinod Krishnan TY Associate Program Coordinator CREST



spoke at the function. The sessions were held by the faculty team of CREST comprising of Vinod Krishnan TY, Sucharita Hota, Vinod AR, Jilmil Hazarika and Shweta Vij. Shri. Vipin Singh Parmar Honorable Minister for the Health and Family Welfare, Himachal Pradesh interacted with the students of 11th of September.

Workshop on “Good Language”

Prof.MN Karassery, renowned Malayalam literary critic conducted a workshop on communication skills for the students on 11th September 2018. The workshop entitled “*Nalla Malayalam*” covered themes on local dialect, Malayalam in formal setting, and writing in Malayalam. He also insisted the importance of communicating effectively in Malayalam. Knowing the language forms the foundation, but effective communication requires skills one needs to develop through reading, writing and interacting with people. However simple, lucid and direct prose has its charm, provided it is used in specific contexts, Prof.Karassery told the students.



Shaping Young Minds Programme (SYMP)

PGCCPD students of CREST took part in the Shaping Young Minds Programme (SYMP). Prestigious National programme of All India Management Association (AIMA), hosted by Calicut Management Association at Kozhikode on 18th September 2018 at Ashirvad lawns, Kozhikode. The program conducted by Calicut Management Association (CMA) with an objective to help young people find



managing their own self, choosing a career and finding the right work environment. The Programme gave an opportunity for the students to interact with Raghunath Medge, president of the Nutan Mumbai Tiffin Box Suppliers Charity Trust, Richart Rekhy, former CEO of KPMG India; Deepak Vohra, diplomat and , and Shikha Nehru Sharma, a renowned doctor turned nutrition expert. The students of CREST also volunteered for Calicut Management Association in organizing the event which was attended by nearly one thousand students and young management professionals. The Shaping Young Minds Programme, which the AIMA holds in several cities across the country, was held in Kozhikode for the first time.

Gandhi Jayanti Celebration



A special lecture, “Gandhi - Father of Our Nation” will was held at CREST by Dr.K.Gopalankutty formerly Professor of History at the University of Calicut on Gandhi Jayanti, on 2nd October 2018

Prof.K.Gopalankutty is an historian, who did his MA in History from Calicut University and M.Phil / Ph.D from the Centre for Historical Studies, Jawaharlal Nehru University (JNU), and New Delhi. His scholarly works have been published in reputed journals such as ‘Studies in History’ ‘Economic and Social History Review’ etc. He has also contributed chapters to books



such as “Advances in History, Economy, Society and Politics in Modern India” (Vikas Publications, Delhi 1985) and “The Indian Left: Critical Appraisals” (Vikas Publications, Delhi, 1983)

Workshop – “Redefine your horizons”



Balachandran Gopinath, International Training Fellow of the Junior Chamber Training Institute of USA conducted a two day workshop “Redefine your horizons “on 9th & 10th of October 2018 with an objective to improve the confidence level of students. The workshop covered themes on preparing a career map, long-term professional goals and action steps for achieving them, work style and analyzing strengths and weaknesses and professional development.

Special Lectures on Entrepreneurship Development

Three special lectures on Entrepreneurship Development were held on 24 October 2018. Sessions were held by Ms.Prajina AJ, proprietor of KLUM, a Kalangari boutique in Calicut, Abdul Gafoor KV,



Co-founder and Chief Operations Officer, Infinite Open Source Solutions LLP, Government Cyberpark Kozhikode and Deepak Balakrishnan, a start –up mentor based in Calicut. The workshop was organized with the support of Calicut Management Association.

Workshop on adolescence behaviour



A One day workshop on adolescence behavior was held for the students of CREST by Dr. Baby Shari, Professor, Department of Psychology, University of Calicut on 25 October 2018. The workshop was held at the Government Youth Hostel, Calicut. A counseling session also held for the students.

Special Lecture on Amateur Radio



A special lecture on Amateur Radio was held on 28 October 2018. The session was held by Sanildeep, Chief Manager, Kerala Gramin Bank, an amateur radio operator. . Amateur radio, also known as ham radio, describes the use of radio frequency spectrum for purposes of non-commercial

exchange of messages, wireless experimentation, self-training, private recreation, radiosport, contesting, and emergency communication. The term "amateur" is used to specify "a duly authorized person interested in radio electric practice with a purely personal aim and without pecuniary interest .The amateur radio service (amateur service and amateur-satellite service) is established by the International Telecommunication Union (ITU) through the Radio Regulations. National governments regulate technical and operational characteristics of transmissions and issue individual stations licenses with an identifying call sign. Prospective amateur operators are tested for their understanding of key concepts in electronics and the host government's radio regulations.

Stepping out in the Corporate World

A one day workshop, “Stepping Out in the Corporate World” was held at CREST on 30 October 2018, conducted by Mr. Ramesh Chandran formerly General Manager, AEGON Asset Management



(AAM), based in The Hague in The Netherlands. This workshop focused on the aspect of professionalism, the traits of professionalism and the impact of showcasing a professional image. The students were also apprised about the workplace etiquette and the dos and don'ts of workplace behavior in corporate sector.

Workshop on Interview Skills



A two - day workshop on Interview Skills was held at CREST on 1st & 2nd of November 2018 .It was conducted by Mr.Anil Menon. Mock interviews conducted for each student. Students were also given training in Group discussion.

Visit to UL Cyberpark and Start up Mission

On 9th of November 2018 an industrial was organized for the students . Students visited UL Cyberpark, Kozhikode and interacted with the management team of the UL Cyberpark. They also



had interaction with the team of Start Up Dreams Project , initiated by Kerala Start Up Mission . The sessions were held by Krishnakumar, Project Coordinator, Start Up Dreams Project, KSUM and Noble G Bhasi, MD, NGB Motors Pvt Ltd. Students of CREST presented before the Start Up Dreams about their start up business ideas.

Theatre Workshop

From 11 to 16 November 2018 a theatre workshop was conducted for the students by Pallavi Chander. The workshop focused on communication skills. Ms.Pallavi Chander is a theatre person based in Bangalore. She is attached to 'Purple Mangoes ' a theatre group that perfect opportunities



and experiences for students to find their own connections with themselves and the world around



them. On 16th November, the participants of the workshop performed an English play before an invited audience at CREST

On 19th November 2018 an art appreciation workshop was workshop was conducted for the



students. A one day workshop on art appreciation “Art of another Way of Seeing” was conducted by Johns Mathew , an artist based in Tinos, Greece/Kozhikode. He holds BFA from Faculty of Fine arts, M.S. University, Baroda. He has been Involved in the activities of Radical Painters and Sculptors Association. He is also a travel writer. He contributes regularly for Mathrubhumi Daily. Students exhibited their works at Hotel Alakapuri Auditorium on 20 November 2018

Valedictory function

Valedictory function for the 30th Batch of the Post Graduate Certificate Course for Professional Development was held on 20 November 2018 at Hotel Alakapuri Auditorium . Dr. T.K Narayanan,



Vice-Chancellor, Kalamandalam was the chief guest. Prof.Radhakrishna Pillai , faculty, Indian



Institute of Management, Kozhikode and Mr. Balachandran Gopinath, International Trainer , JCI were the Guests of Honor. Presidential Address was given by Prof. D.D. Nampoothiri Executive Director, CREST. The students were felicitated by Ms.Ayesha Azad and Ms. Ghazal Farkhari, Interns from Toronto University

Canada . Lal Krishna U. and Sudha K.C., students of the 30th Batch gave the reply speeches. Vinod Krishnan TY, Associate Program Coordinator gave the vote of thanks.

31st Batch of Post Graduate Certificate Course for Professional Development

Interview for admission to the 31st Batch of Post Graduate Certificate Course for Professional Development (PGCCPD) was held on 4th, 5th & 6th of December 2018 at CREST. 40 students joined for the program of which 31 were girls. A session for the parents was held for the parents on 19th



December 2018. Prof.DD Nampoothiri , Executive Director, Prof.Ashley Paul , Associate Program



Coordinator , Mr. Sasi Kumar KP , Administrative officer and Ms, Jyothi C, Faculty addressed the parents. Newly joined students also were briefed about the five months PGCCPD programme. Prof.DD Nampoothiri, Executive Director Anoop Jayaprakash , Course Coordinator, Ayesha Azad and Ghazal Farkhari , interns and Aswathy, Adarsh and Sudha, alumni of CRESTspoke to the students.

An ice-breaking session was conducted for the students on 28th of December 2018, which was conducted by AR Vinod and Sucharita Hota , faculty members of

CREST . A three day orientation program was held for the students from 29th to 31st of December 2018 at SIGN Philosphere, Koolivayal, Panamaram, Wayanad The workshop covered themes on



Team Building, Presentations and communication. The workshop was conducted by Mr.Anil Menon.

Governing Council Meeting

Tenth meeting of the Governing Council of Centre for Research and Education for Social Transformation (CREST) to be held on December 27 , 2018 (Thursday) in the Chamber of Hon'ble Minister for Welfare of Scheduled Castes, Scheduled Tribes and Backward Classes, Law, Culture and Parliamentary Affairs in Kerala Government Secretariat, Thiruvananthapuram. The Committee reviewed the activities of CREST held during the year and future programs.

Access Program

A ten day workshop for the Plus Two students of MRS Alapuzha and MRS Thrithala from 22nd to 31st December 2018 at ITRC Mundur, Palakkad. Sessions were held in science subjects, English and



Mathematics. Sessions were also held in self enrichment to improve their confidence and aspiration level. A similar program was held for the Plus Two students of MRS Kuzhalmannam and MRS Aluva at Shreyas Training Centre, Sultan Batheri , Wayanad.

Orientation Program in Angamaly

On 8th December 2018 an orientation workshop was held for the students from Scheduled communities doing their undergraduate and post graduate courses in various colleges in Angamaly



and Aluva. 85 students participated in the workshop, organized by Nirmal Jyothi College, Angamaly was inaugurated by DR.KV

Kunhikrishnan, Chairman, Executive Committee, CREST. CA Wilson M P Director, Nirmal Jyothi College and Jaison Panikulangara, a social activist also spoke at the function. Sessions were held by Vinod Krishnan, Associate Programme Coordinator, Jai Sreekumar, Project Associate and Mr. Jose Andrews, Visiting faculty of CREST.

Interns



they will be attached to CREST until July 2019.

Ms. Ayesha Azad and Ms. Ghazal Farkhari from Toronto University Canada interned with CREST during September – December 2018. The interns have been providing support for improving the English communication skills of the students and group activities. The interns are undergraduate students of Anthropology at the University. They are on Queen Elizabeth Diamond Jubilee scholarship of Centre for Critical Development Studies, University of Toronto Scarborough and

Faculty Activity

Prof.D.D.Nampoothiri, Executive Director gave a talk on 'Relevance of Sociology Today' at Loyola College of Social Sciences, Thiruvananthapuram on November 15, 2018.

Forthcoming Events

KR Narayanan Memorial Lecture



Ninth KR Narayanan Memorial lecture, organized by CREST in memory of KR Narayanan, former President of India will be held on 13 April 2018 at Hotel Alakapuri, Kozhikode. The lecture will be delivered by TM Krishna, Magsaysay award winner and well known Carnatic music vocalist, writer and activist